Riverside Review

Volume 2026 Issue 3 March 2026

Rainier Senior Center Hours: 9:30 am to 2:00 pm
Gift Shoppe Hours: 10:00 am-2:00 pm
Monday through Friday

48 W 7th Street, Rainier, OR 97048
Phone: 503-556-3889
E-mail: RainierSeniorC@gmail.com
Web: RainierSeniors.com

Annual
St. Patrick Day Raffle
March 17th

Corn Beef and Cabbage Lunch

Suggested Donation
$10 under 60
or $7 for 60 and over

Have you made your lunch reservations?

Lottery Board Tickets
$5 each

Raffle Tickets
$1 each or 6 for $5

Questions 503-556-3889

2025-2026
Board Members

President: ***Jan Rich***
Vice-President: ***Marcia Roberts***
Secretary: ***Dennis OBrien***
Treasurer: ***Rachel Kelley***
At Large: ***Marily Tift, Clint Kelley and Keith Ekstrom***
Multi-Media: ***Denise Watson***
Newsletter Editor: ***Beth Bailey***
Newsletter Associate: ***Dorothy Gillhoover***

Spring Yard Sale Event
March 14th
9 am-3 pm

Be prepared to fill your shopping bag!
Many vendor tables

There is no lunch available during the sale.
Questions 503-556-3889

OVERCOMERS OUTREACH

will be holding meetings at the Rainier Riverfront Center, (dba Rainier Senior Center), every **Tuesday from 6:00 to 7:30 pm.** They offer a recovery program for those struggling with the disease of substance abuse and hopelessness as well as for those who support them. They offer a 12-step Christian-based program to help provide solutions. They also have meetings in Scappoose and Deer Island.

Ralph Fawcett 360-606-2211 or
Tom Hagstrom 360-431-0361
www.overcomersoutreach.org.
Everyone welcome!

Senior Friendship & Loneliness Line
503-200-1633
800-971-0016
800-282-7035
SeniorLonelinessLine.org

Scrimshaw: Art of the Whaler

Friday, March 27
1:00 PM-2:00 PM

Rainier Senior Center
48 W 7th St, Rainier OR 97048

COLUMBIA RIVER MARITIME MUSEUM
ASTORIA · OREGON

Scrimshaw is often considered one of the first folk arts in the U.S. Whaling ships based on the East Coast during the1700s and 1800s used this art as a way to pass the time onboard long voyages. This presentation will describe this era of whaling and scrimshaw's impact both culturally and environmentally.

No Presentation in April

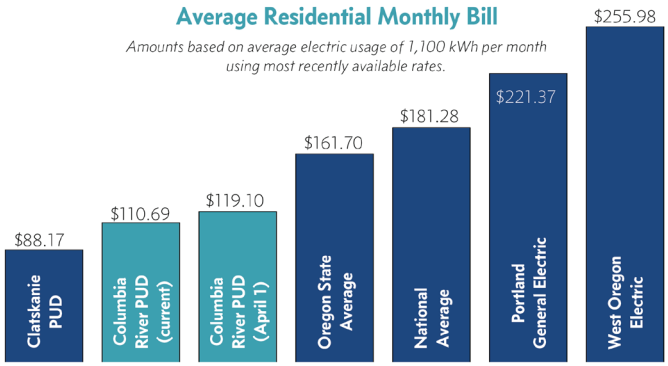
Electric Rates Will Change on April 1

Electric rates for Columbia River PUD customers will change on April 1 due to cost increases from Bonneville Power Administration, the PUD's wholesale power provider.

For the average CRPUD residential customer, this means an increase of about $8.40 per month. That amount will vary customer to customer based on usage.

Residential customers will see a $5 increase on their monthly base charge and a 0.31¢ per kilowatt hour increase on their energy charge. As of April 1, the base charge will be $30 per month, and the energy charge will be 8.1¢ per kWh.

Customers who qualify for the PUD's Income-Qualified Senior Discount program receive a $24 discount on their monthly base charge and a 10% discount on their energy charge. To see if you qualify, please call the PUD at (503) 397-1844.
If you would like to learn more about the upcoming rate change, please visit:
www.crpud.net/2026rates



COLUMBIA RIVER PUD
A COMMUNITY-OWNED UTILITY

March 2026

2 Beef Stew Potatoes & Carrots Biscuit Fruit	3 Grilled Tuna Green Salad Fruit	4 Shepherds Pie Vegetables 3 Bean Salad	5 Crispy Chicken Salad Bread Fruit	6 Birthday Friday Baked Ham Mashed Potatoes Corn Jello Salad
9 Goulash Salad Garlic Bread	10 Grilled Cheese Sandwich Homemade Tomato Soup	11 Potatoes Au Gratin With ham in it Vegetables Bread	12 Chicken Enchiladas Refried Beans Tortilla Chips	13 Sausage Dogs on a Bun Macaroni Salad Fruit
16 Meat Loaf Mashed Potatoes Vegetables Salad Roll	17 Corned Beef, Cabbage, Carrots, Potatoes	18 Chicken & Rice Casserole Vegetables	19 Hamburger Steak Baked Potatoes Vegetables Fruit Roll	20 Ham & Bean Soup Corn Bread Salad
23 Chicken Fried Steak Mashed Potatoes Gravy Vegetables	24 Chicken Chili Cornbread Salad	**25** Roast Beef Carrots/ Potatoes Gravy Biscuit	26 Spaghetti w /meat sauce Salad Garlic Bread	27 Oven Fried Chicken Macaroni Salad Chips
30 Tamale Pie (Corn & Tomatoes) Spiced Apples Steamed Broccoli Garden Salad	31 Something Yummy **Chef's Choice**	**Homemade Soups**		

Rainier Senior Center Lunch Menu **503-556-3889** **www.RainierSeniors.com**

All to go meal orders need to be in no later than 9:00 am.

Menu is subject to change without notice.

Suggested Donation: $7 for over 60 and $10 for under 60.

Arrival time for congregate meal needs to be 11:45 or earlier.

March Events

2 3 of Us Blood Pressure 11 am to Noon Hooks & Needles 1pm-2:30 pm BINGO- 2 PM	**3** Breakfast 8:30-9:45 am Overcomers Outreach 6:00-7:30 pm Line Dancing - 4 PM	**4** Bo Obney Breakfast 8:30-9:45 am Chair Yoga 10 am Hand & Foot Game 1 PM	**5** Breakfast 8:30-9:45 am Pinochle 1 pm	**6** Music by Guy & Mary Chair Yoga 10 am
9 3 of Us Blood Pressure 11 am to Noon Hooks & Needles 1pm-2:30 pm BINGO- 2 PM	**10** AARP Tax Help Breakfast 8:30-9:45 am Overcomers Outreach 6:00-7:30 pm Line Dancing - 4 PM	**11** Breakfast 8:30-9:45 am Chair Yoga 10 am Hand & Foot Game 1 PM	**12** Breakfast 8:30-9:45 am Pinochle 1 pm	**13** Bo Obney Chair Yoga 10 am **14** Yard Sale 9am to 3pm
16 3 of Us Blood Pressure 11 am to Noon Hooks & Needles 1pm-2:30 pm BINGO - 2 PM	**17** Breakfast 8:30-9:45 am Line Dancing - 4 PM Overcomers Outreach 6:00-7:30 pm	**18** Breakfast 8:30-9:45 am Chair Yoga 10 am Hand & Foot Game 1 PM Membership Meeting 1 pm	**19** Breakfast 8:30-9:45 am Pinochle 1:00pm	**20** Music by Guy & Mary Chair Yoga 10 am
23 3 of Us Blood Pressure 11 am to Noon Hooks & Needles 1pm-2:30 pm BINGO- 2 PM	**24** Breakfast 8:30-9:45 am Line Dancing - 4 PM Overcomers Outreach 6:00-7:30 pm	**25** Bo Obney Breakfast 8:30-9:45 am Chair Yoga 10 am Hand & Foot Game 1 PM	**26** Breakfast 8:30-9:45 am Pinochle 1 pm	**27** Bo Obney CRMM Scrimsaw 1-2 PM Chair Yoga 10 am Susannah's Supper Methodist Church 6 pm
30 3 of Us Blood Pressure 11 am to Noon Hooks & Needles 1pm-2:30 pm BINGO- 2 PM	**31** Breakfast 8:30-9:45 am Line Dancing - 4 PM Overcomers Outreach 6:00-7:30 pm			

Meals Served for January 1070

Volunteer Hours: 588

Happy Birthday to our March Birthday Members

Birthday Flower: Daffodil Birthstone: Aquamarine

Birthday is not listed or wrong, please contact the reception desk

3/3	Debbie Spears
3/4	Lawrence Bartline
3/6	Doris Hale
3/6	Greg McCormick
3/7	Elisa Deierlein
3/10	Caroline Fittro
3/11	Gail Leino
3/11	Barb Wemmer
3/12	Jim Coffman
3/15	Gary Rice
3/17	Janice Bodenhamer
3/18	Perry Fiscus
3/18	Danna Novotny
3/21	Ronda Roche
3/24	Linda Frase
3//26	Marily Tift
3/28	Bernice Bailey
3/30	Lyle Roberts
3/31	Charlotte Woods

For March we are honoring Beth Bailey

Beth Bailey has been a volunteer at the Rainier Senior Center working on various projects and fundraisers. She delivered Meals-On-Wheels for 12 years. Beth has been producing the monthly newsletter for over 10 years. Her expertise with graphics and publishing skills is the master-mind behind the Newsletters colorful and interesting pages that our members look forward to each month.

Beth has been a resident of Rainier for over 35 years. She was a substitute teacher in Columbia County for several years before getting a teaching position with Rainier School District. She taught English, French, and Art over the 18 years retiring in 2014. Her two children graduated from Rainier and are currently living and working in Portland and Newberg.

She is also an accomplished artist exhibiting her work at the Broadway Gallery in Longview. Her expertise is in watercolor, ink and metal. She designed the Rainier City Logo and the 75th Anniversary Banner for Longview WA. Her original ink illustration of the Astoria Column was purchased at an Astoria Gallery by the mayor of Astoria and given to the mayor of their sister city, Waldorf Germany.

Beth enjoys spending time with her two grandchildren, boating on the Columbia, and traveling with her husband, Randy Bailey. (former President of the Rainier Senior Center).

United Way's 2026 My Fair Lady and Gentleman Court

United Way is now accepting nominations for outstanding Senior Volunteers to serve on the 2026 My Fair Lady and Gentleman Court for the July Columbia County Fair. Nomination forms are available at the Rainier Senior Center office.

Forms must be submitted by April10th.

March Events

LINE DANCING with Sue Gibson Hosting
Free - Tuesdays
at 4:00pm.
Get your dancing shoes polished up!

Yoga will continue as a **free** session on
Wednesdays and Fridays at 10am
Scott will be instructing.

Every Wednesday
Card Games at 1pm - Hand & Foot

Every Thursday
Card Games at 1pm - Pinochle

Reminder
Last AARP Tax Help
March 10

Spring Yard Sale
March 14th

St Patrick Day Raffle
March 17th
Lunch at Noon
Have you reserved your Lunch?
Raffle at 1pm

1st Day of Spring- March 20

CRMM Presentation
March 27th at 1pm
Scrimshaw – Art of the Whaler

YEAR-TO-DATE BOTTLE DROP UPDATE:
To date we have collected $2000!

We have a goal of $18,000 for year 2026
so that means, your help is appreciated and needed. Those cans and bottles are a big source of income for the Center. When you see any laying around – grab them and bring them in! It is amazing how quickly the nickles and dimes add up!

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503-543-3844

CLATSKANIE PUD
Owned by the People We Serve

P O Box 216, Clatskanie, OR 97016
503-728-2163
Open Monday through Thursday
7 am-5:30 pm

Bake Sale Results

The Bake Sale brought in $290 toward our meal program. THANK YOU to all the generous bakers who contributed to the success. Any unsold items are distributed to our Home Delivered Meal patrons. They probably were surprised at the variety.

Chair Yoga Now on Fridays Too

Please make a note that Chair Yoga by Scott will also be scheduled on Fridays at 10am as well as on Wednesdays.

Uganda Children's Choir

The Uganda Children's Choir had a lovely performance on February 12th. It was a joyful of event for those who attended.
We are hoping for a repeat performance during their next trip to the US. Please see the enclosed flyer in the Newsletter for your information.

UNDERSTANDING MY MEDICARE
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Scappoose, OR 97056
beth@understandingmymedicare.com
www.UnderstandingMyMedicare.com

April Events

There will be no CRMM presentation in April while they do research for further presentations.

But coming in May and June will be:
Friday, May 29 at 1:00 PM:
"Columbia River Ferries"

Friday, June 26 at 1:00 PM:
"Warnock Building Preview and Exhibit Highlights"

Become a Member of the Rainier Riverfront Center
(Rainier Senior Center)
Want to get in on the fun? Want to meet others with like interests?
Join us for the events, activities, breakfast, or lunch and live music.Shop in our Gift Shoppe.
No age requirement. Sign up today and begin receiving our monthly newsletter so you can plan to join us.
503–556-3889 for information.

Help Our Nutrtional Program by donating your Oregon Recyclables to the Center

Black Buggy
Belkin Electronics
Canterbury Inn
Capstone Cellars
City of Rainier
Columbia Bake House
Columbia Food Bank
Columbia River Maritime Museum
Columbia River Rigging
Deer Island Grange
Delaware Plaza
Dog Zone
Eagles
El Tapatio
Elevate Coffee & Decor
Fernhill Coffee
Flowers & Fluff
Fred Meyer
Grocery Outlet
Home Town Pizza
Home Depot
InRoads
Kaiser Permanente
Longview Country Club
Lowe's
Matt's Meats
Means Nursery
Mee Maw's Attic
Miracle Ear
Nys Tree Farm
Ol' Pastime Tavern
Oregon Hill Farms
Pampered Chef
Rainier Liquor Store
Rainier Oregon Historical Museum
Rainier True Value
Rightline Equipment
Safeway
Sternwheeler
Titan Trees
United Way

"A Great Place...For Great People"

Rainier Senior Center
48 West 7th Street
Rainier, OR 97048