



48 W 7th Street, Rainier, OR 97048
E-mail: RainierSeniorC@gmail.com



AARP TAX HELP STARTING IN FEBRUARY 2026

AARP will begin their appointments in 2026, on February 10th and again on March 10th.

Appointments will be scheduled from 9am until 11am on those two days.

There is a limit of 8 appointments per scheduled day. The sign-up sheets will be available at the front desk.

LIBRARY NEWS!

If anyone is interested in a complete set of pocket books by CJ BOX or Craig Johnson's Longmire series, the RSC Library will bring them into the library for anyone interested in the whole series. We would like to keep them as sets and not as individual books. If interested please leave your name and phone number for Dorothy Gillhoover at 503-556-3889

Riverside Review

Volume 2026 Issue 1 January 2026

Rainier Senior Center Hours: 9:30 am to 2:00 pm
Gift Shoppe Hours: 10:00 am-2:00 pm
Monday through Friday Phone: 503-556-3889
Web: RainierSeniors.com

2025-2026

Board Members

President: *Jan Rich*
Vice-President: *Marcia Roberts*
Secretary: *Dennis OBrien*
Treasurer: *Rachel Kelley*
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Multi-Media: *Denise Watson*
Newsletter Editor: *Beth Bailey*
Newsletter Associate: *Dorothy Gillhoover*

ANNOUNCEMENTS

INTERESTED IN FOOT CARE?

Please register your interest if this sounds like something we should make arrangements to provide at the Rainier Senior Center.

Sign up at front desk.
Probably will be offered Spring 2026



BO OBNEY RETURNS!

For those of you who remember one of our entertainers from a few years back known as Bo Obney, be sure to come to the Center on Jan 9, and again on January 21, to hear him sing starting at 11:00am, and stay for lunch. We welcome him back with open arms.

OVERCOMERS OUTREACH

will be holding meetings at the Rainier Riverfront Center, (dba Rainier Senior Center), every, **Tuesday from 6pm to 7:30**. They offer a recovery program for those struggling with the disease of substance abuse and hopelessness as well as for those who support them. They offer a 12-step Christian-based program to help provide solutions. They also have meetings in Scappoose and Deer Island.

Ralph Fawcett 360-606-2211 or

Tom Hagstrom 360-431-0361

www.overcomersoutreach.org.

Everyone welcome!

Senior Friendship & Loneliness Line

503-200-1633

800-971-0016

800-282-7035

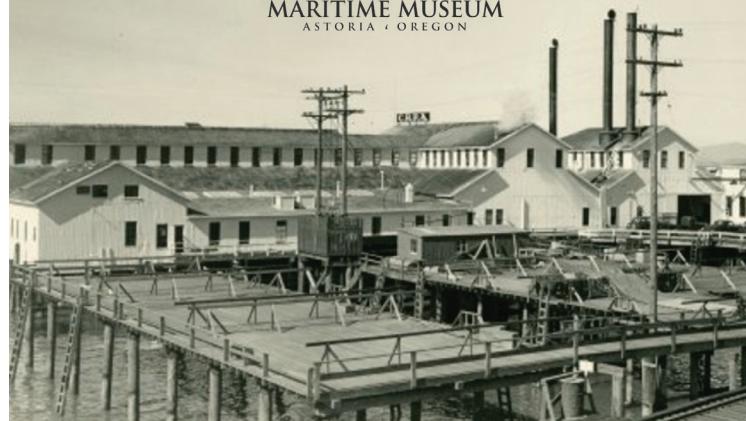
SeniorLonelinessLine.org

Columbia River Canneries and Immigration History

Friday, January 23 | 1:00 PM-2:00 PM

Rainier Senior Center | 48 W 7th St, Rainier OR 97048

COLUMBIA RIVER
MARITIME MUSEUM
ASTORIA / OREGON



Coming in February

"Shipwrecks of the Graveyard Pacific"

Contact CRPUD About Unclaimed Refunds

Do you think you may be owed a refund for your Columbia River PUD account? If you or someone you know may be owed money by the PUD, please call CRPUD at (503) 397-1844.

To claim the check, you must be the claimant named on the list. When you call the PUD, please be ready to provide your name, current mailing address, your previous service address, and current phone number.

The PUD has several outstanding checks to return to customers. These are primarily in the form of refund checks for customers who have closed their PUD accounts.

The PUD holds onto refund checks for one year. They try contacting customers in multiple ways in an attempt to get the unclaimed funds to them. After a year, they send the funds to the State of Oregon. You can see if the state owes you money at www.unclaimed.oregon.gov.



COLUMBIA RIVER
PUD
A COMMUNITY-OWNED UTILITY



January 2026

29 Baked Salmon Potatoes Au Gratin Veggies Salad	30 Baked Chicken Legs Baked Beans Tossed Salad Apricots	31 Crream Of Broccoli Soup Side Salad	1 Happy New Year Closed	2 BBQ Ribs Mac & Cheese Corn on the Cob Coleslaw
5 Beef Stew Potatoes & Carrots Biscuit Green Salad	6 Macaroni & Cheese w/ Chicken Salad Fruit	7 Chicken Fried Steak Mashed Potatoes Country Gravy Broccoli	8 Salisbury Steak Egg Noodles & Cabbage Green Beans Roll	9 Corn Chowder Sandwich Croissant Fruit
12 Meatloaf Mashed Taters Brown Gravy Pea Salad Orange Slices	13 Pork Roast Red Cabbage & Apples Corn Fruit Salad	14 Malibu Chicken Savory Rice Pilaf Mixed Veggies Apricots	15 Macaroni & Cheese Broccoli Normandy Fruity Salad	16 Tamale Pie Spiced Apples Steamed Broccoli Garden salad
19 Sheppard Pie Sautéed Veggies Garden Salad Fruit	20 Grilled Chicken Salad Orange Glazed Carrots Yogurt w / Berries	21 Split Pea Soup Side Salad Cucumber & Sourcream Peach's	22 Tater Tot Casserole Green Beans Cole Slaw	23 Chicken Enchilada's Corn Chips and Salsa Refried Beans Fruit Cocktail Veggies
26 Roast Beef w / mushroom Gravy Roasted Potatoes Broccoli & Cauliflower Sunshine Salad	27 Bratwurst w / Sauerkraut German Potato Salad Mandarin Oranges	28 Cordon Bleau Casserole Wild Rice Pilaf Veggie Mix 3 Bean Salad	29 Crustless Ham Quiche Veggies Fruit English Muffin	30 Chefs Choice

Homemade Soups

Rainier Senior Center Lunch Menu

503-556-3889

www.RainierSeniors.com

All to go meal orders need to be in no later than 9:00 am.

Menu is subject to change without notice.

Suggested Donation: \$7 for over 60 and \$10 for under 60.

Arrival time for congregate meal needs to be 11:45 or earlier.

January Events

29	30	31	1	2
 3 of Us Blood Pressure 11 am to Noon Hooks & Needles 1pm-2:30 pm BINGO- 2 PM	Breakfast 8:30-9:45 am Overcomers Outreach 6:00-7:30 pm	Breakfast 8:30-9:45 am Chair Yoga 10 am Hand & Foot Game 1 PM	CLOSED	 Music by Guy & Mary
 3 of Us Blood Pressure 11 am to Noon Hooks & Needles 1pm-2:30 pm BINGO- 2 PM	6 Breakfast 8:30-9:45 am Overcomers Outreach 6:00-7:30 pm Line Dancing - 4 PM	7 Breakfast 8:30-9:45 am Chair Yoga 10 am Hand & Foot Game 1 PM	8 Breakfast 8:30-9:45 am Pinochle 1 pm	 Bo Obney
 3 of Us Blood Pressure 11 am to Noon Hooks & Needles 1pm-2:30 pm BINGO - 2 PM	13 Breakfast 8:30-9:45 am Line Dancing - 4 PM Overcomers Outreach 6:00-7:30 pm	14 Breakfast 8:30-9:45 am Chair Yoga 10 am Hand & Foot Game 1 PM	15 Breakfast 8:30-9:45 am Pinochle 1:00pm	 Music by Guy & Mary
 3 of Us Blood Pressure 11 am to Noon Hooks & Needles 1pm-2:30 pm BINGO- 2 PM	20 Breakfast 8:30-9:45 am Line Dancing - 4 PM Overcomers Outreach 6:00-7:30 pm	21  Bo Obney Breakfast 8:30-9:45 am Chair Yoga 10 am Hand & Foot Game 1 PM Membership Meeting 1 pm	22 Breakfast 8:30-9:45 am Pinochle 1 pm	 Boursaw Bros CRMM Canneries 1-2 PM Susannah's Supper Methodist Church 6 pm
 3 of Us Blood Pressure 11 am to Noon Hooks & Needles 1pm-2:30 pm BINGO- 2 PM	27  Chillin' Breakfast 8:30-9:45 am Line Dancing - 4 PM Overcomers Outreach 6:00-7:30 pm	28 Breakfast 8:30-9:45 am Chair Yoga 10 am Hand & Foot Game 1 PM	29 Breakfast 8:30-9:45 am Pinochle 1 pm	30

Meals Served for November: 956

Volunteer Hours: 647



Happy Birthday to our January Birthday Members

Birthday Flower: Snowdrop Birthstone: Garnet

Birthday is not listed or wrong, please contact the reception desk

1/8 Mary Keith
1/9 Melva Reed
1/10 Duane Barnard
1/14 Elaine Lipton
1/18 Joann Richards

1/19 Marc Hooper
1/22 Krista Mead
1/26 Cheryl Payne
1/27 Pam Russell



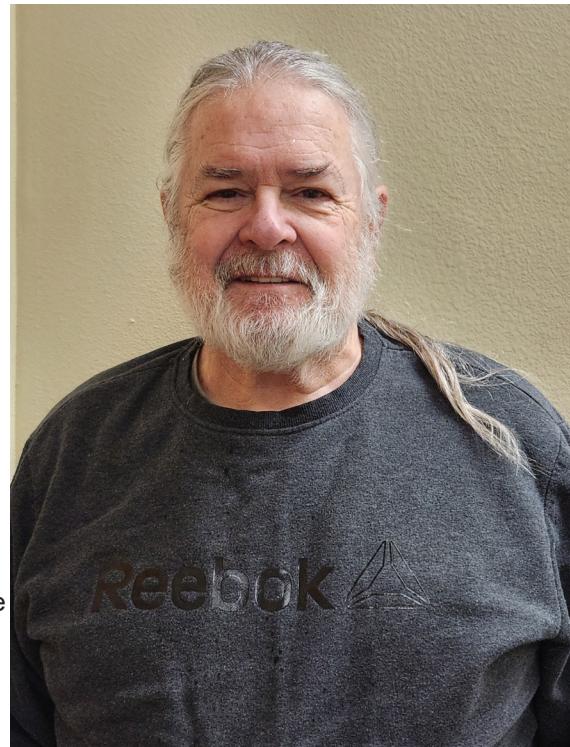
For January we are honoring Steve Watson

Steve is a longtime resident of the Rainier area and during one of his visits to the Senior Center he was asked if he would be interested in doing any volunteering. He asked what kind of volunteering there was and was told the Center needed drivers for delivery of the Home Delivered Meals program. He said he would give it some thought. At the time, Steve didn't realize that volunteering at the Center would become his new adventure. During the December 17, 2025, storm it was indeed an adventure when he was faced with hopping over downed power lines and fir-tree branches after only having been on delivery duty for three months.

Nonetheless, Steve is enjoying volunteering because he has found volunteering a fulfilling endeavor. He volunteered his services when Katrina hit the gulf in 2005, and witnessed first hand the very need for everyone to pitch in.

Steve says his hobbies after TV watching and drinking coffee is carpentry. He is into re-purposing discarded items like turned decorative banisters, table/chair legs, with a fondness for turning them into beautiful pedestals for plant stands. He of course throws in a cradle or two of his own design from time to time. He and his companion are animal people and share their home and love with Ruby, a 7# poodle and Willy a 15# gray and white cat. I believe he said Willy was the top of the pecking order in the house. I pointed out that 1,000s of years ago cats were treated like Gods. And that they have not forgotten that! He said he understood.

The Rainier Senior Center wants to THANK Steve for his very-appreciated services and giving delivery driving ago. Steve brings food and comfort in support to his delivery patrons.



January Events

LINE DANCING with Sue Gibson Hosting Free - Tuesdays

will start again on Tuesday January 6th at 4:00pm.
Get your dancing shoes polished up!

Yoga will continue as a **free** session on
Wednesdays at 10am.
Debra Hurt will be instructing.

Every Wednesday
Card Games at 1pm - Hand & Foot
Every Thursday
Card Games at 1pm - Pinochle

CRMM Presentation
Columbia River Cannery and
Immigration History
January 23 1 - 2pm

The first cannery on the Columbia River was established in 1866 by brothers William and George Hume and their partner, Andrew Hapgood. Less than twenty years later, there were dozens of canneries along the Columbia that attracted people from all over the world to work in search of a better life. Join educator Julia Triezenberg as she discusses the history of Columbia River canneries, their impact on North Oregon coast communities, and the legacy they leave behind.



YEAR-TO-DATE BOTTLE DROP UPDATE:
Through December 2025,
the bottle drop has brought in
\$15,000
toward the Center's Food program.

This represents how important our Bottle Drop is, and how small sums adds up to big numbers. Please remember to bring in those returnable bottles and cans. Thank You!

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503-543-3844



P O Box 216, Clatskanie, OR 97016
503-728-2163
Open Monday through Thursday
7 am-5:30 pm



Home Delivered "Santa"

Home Delivered Meal recipients were surprised by the appearance of St. Nick this Christmas Eve. Every Christmas the Rainier Senior Center delivers Christmas gifts made by volunteers at the Center along with their scheduled lunches. But this year El Tapatio and Rainier Community Church of God also donated bags of gifts from their Giving Trees. Luckily, during a surprise appearance of Santa at the Rainier Senior Center, while flying his rounds, he offered his delivery services to brighten the Holidays for those on the Home Delivered routes. We thank Santa for his unscheduled stop-over, and along with the addition of the generous Giving Trees gifts, the Holiday Season was made Merry and memorable for our Home Delivered patrons. Thank You to all who contributed.



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www.UnderstandingMyMedicare.com

February Events

FEBRUARY 9

VALENTINE BAKE SALE

If you can bake it – we will take it!

February 9th 11am – 1pm
Bake Goods to be delivered by
10am for pricing

FEBRUARY 10

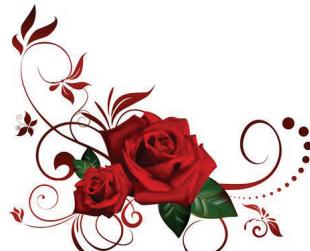
and March 10

AARP Tax help

FEBRUARY 27

CRMM Presentation 1 PM

"Shipwrecks of the Graveyard of the Pacific"



Become a Member
of the
Rainier Riverfront Center
(Rainier Senior Center)

Want to get in on the fun? Want to meet
others with like interests?

Join us for the events, activities, breakfast,
or lunch and live music. Shop in our Gift Shoppe.
No age requirement. Sign up today and begin receiving
our monthly newsletter so you can plan to join us.

503-556-3889 for information.



Help Our
Nutritional Program
by donating
your Oregon
Recyclables
to the Center

Black Buggy
Belkin Electronics
Canterbury Inn
Capstone Cellars
City of Rainier
Columbia Bake House
Columbia Food Bank
Columbia River Maritime Museum
Columbia River Rigging
Deer Island Grange
Delaware Plaza
Dog Zone
Eagles
El Tapatio
Elevate Coffee & Decor
Fernhill Coffee
Flowers & Fluff
Fred Meyer
Grocery Outlet
Home Town Pizza

Home Depot
InRoads
Kaiser Permanente
Longview Country Club
Lowe's
Matt's Meats
Means Nursery
Mee Maw's Attic
Miracle Ear
Nys Tree Farm
Ol' Pastime Tavern
Oregon Hill Farms
Pampered Chef
Rainier Liquor Store
Rainier Oregon Historical Museum
Rainier True Value
Rightline Equipment
Safeway
Sternwheeler
Titan Trees
United Way



"A Great Place...For Great People"

Rainier Senior Center
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Rainier, OR 97048