



Riverside Review

Volume 2025 Issue 8 August 2025

Rainier Senior Center Hours: 9:30 am to 2:00 pm

Gift Shoppe Hours: 10:00 am-2:00 pm

Monday through Friday

Phone: 503-556-3889

Web: RainierSeniors.com

48 W 7th Street, Rainier, OR 97048
E-mail: RainierSeniorC@gmail.com



United Way of Columbia County won a 2nd Place and a beautiful trophy in the Organization Category, at Rainier Days in the Park parade. **Princess Sharon Jump from Rainier Senior Center** was selected as **Queen at Columbia County Fair's My Fair Lady for 2025.**

RAFFLE Cement Outdoor

Carousel Pony

Rainier Riverfront Center (Rainier Senior Center – 503-556-3889)

Tickets: \$1 ea or 6 for \$5 Drawing - August 6, 2025 1pm

IMAGINE Your Front Porch or your Entry Way at Christmas! What an image to welcome your guests! Or Just in your Summer Formal Garden!



New 2025-2026 Board Members

President: **Jan Rich**

Vice-President: **Marcia Roberts**

Secretary: **Dennis OBrien**

Treasurer: **Rachel Kelley**

At Large: **Marilyn Tift, Clint Kelley
and Keith Ekstrom**

Multi-Media: **Denise Watson**

Newsletter Editor: **Beth Bailey**

Newsletter Associate: **Dorothy Gillhoover**



The 'Watermelon Fun Box' raffle was won by Mary Jo Alessandro.

What a great box of fun watermelon-themed items donated by Joanne Bernard.

IT WAS A PICNIC AND MORE in a box!

OVERCOMERS OUTREACH

will be holding meetings at the Rainier Riverfront Center, (dba Rainier Senior Center), every, **Tuesday from 6pm to 7:30**. They offer a recovery program for those struggling with the disease of substance abuse and hopelessness as well as for those who support them. They offer a 12-step Christian-based program to help provide solutions. They also have meetings in Scappoose and Deer Island.

Ralph Fawcett 360-606-2211 or

Tom Hagstrom 360-431-0361

www.overcomersoutreach.org.

Everyone welcome!

Senior Friendship & Loneliness Line

503-200-1633

800-971-0016

800-282-7035

SeniorLonelinessLine.org

Columbia River Maritime Museum

SPECIAL DATE

August 8 - Presentation at 1 pm: ‘

*Anchors & Ink- History & Legacy
of Maritime Tattoos*



There will be no CRMM presentation in September. Presentations will start again the last Friday in October with ‘Early Fur Trade History’.

Enter CRPUD Calendar Photo Contest Before August 31

Do you have great pictures of Columbia County?
Send them to Columbia River PUD!

The PUD is accepting entries for its 2026 Calendar Photo Contest until August 31. You can enter up to 10 photos. Entries should be color photos taken in Columbia County that show off the scenic beauty of the place we call home.

Please submit high-resolution photos taken in landscape – or horizontal – format. Vertical pictures will not be accepted.

Voting will be open to all CRPUD customers during the first two weeks of October.

Enter your high-resolution photos by emailing them to kkboggs@crpud.org or uploading them to www.crpud.net/calendar.



COLUMBIA RIVER
PUD
A COMMUNITY-OWNED UTILITY



August 2025



				1 Chili Relleno Quiche Mexicali Corn Green Beans Orange Wedges
4 Hungarian Goulash Parslied Carrots Fruit cup w/yogurt	5 Salisbury Steak Mushroom Gravy Saute'd Squash Peach & Apple Salad	6 Vegetable Soup Cheese Quesadilla Waldorf Salad	7 Turkey Kielbasa Sauerkraut Veggie Blend Mandarin Oranges Rye Bread	8 Macaroni & Cheese Broccoli Normandy Spiced Apples Garden Salad
11 Beef Stew Veggies Steamed Broccoli Peaches Biscuits	12 Cabbage Rolls Mixed Veggies Fresh Fruit Salad	13 Baked Chicken Roasted Sweet Potatoes Veggie Blend Salad	14 Chicken Enchilada Steamed Broccoli Mixed Green Salad Rolls	15 Navy Bean Soup w/ham Spinach & Mandarin Salad Corn Bread
18 Sweet & Sour Meatballs Steamed Rice Mixed Veggies Fruit Cocktail	19 Chicken Parmesan Green Beans Pasta&Veg. Salad Fresh Plums ? Garlic Toast	20 Cream Of Broccoli Soup Turkey & Cheese Wrap. Zucchini Saute Orange Slices	21 Hot Roast Beef Sandwich Mashed Potatoes Mixed Veggie	22 Turkey Tetrizzini Winter Veggies Strawberries & Jello
25 Pork Roast Roasted Butternut or Acorn Squash Spinach Salad	26 Zucchini Lasagna Mixed Vegetables Mixed Green Salad Garlic Bread	27 Shepherd's Pie Pacific veg blend P grapes	28 Clam Chowder Chicken Salad on Lettuce Bed	29 Mexican Tater Tot Casserole Mexicali Corn

Homemade Soups

Rainier Senior Center Lunch Menu

503-556-3889

www.RainierSeniors.com

All to go meal orders need to be in no later than 9:00 am.

Menu is subject to change without notice.

Suggested Donation: \$7 for over 60 and \$10 for under 60.

Arrival time for congregate meal needs to be 11:45 or earlier.

August Events

				1  Music by Guy & Mary
4  3 of Us Blood Pressure 11 am to Noon Hooks & Needles 1pm-2:30 pm Tech Help 1:00 pm with Scott Cooper BINGO- 6 PM	5 Breakfast 8:30-9:45 am Overcomers Outreach 6:00-7:30 pm Line Dancing 1030 am	6 Breakfast 8:30-9:45 am Chair Yoga 10 am Carousel Pony Drawing 1 pm	7 Breakfast 8:30-9:45 am Card Games 1 pm	8  Boursaw Bros CRMM Presentation 1 pm Anchors & Ink
11  3 of Us Blood Pressure 11 am to Noon Hooks & Needles 1pm-2:30 pm BINGO - 6 PM	12 Breakfast 8:30-9:45 am Overcomers Outreach 6:00-7:30 pm Line Dancing 10:30 am	13 Breakfast 8:30-9:45 am Chair Yoga 10 am ICE CREAM SOCIAL 1 pm	14 Carlos Standfield Breakfast 8:30-9:45 am Card Games 1:00pm	15  Music by Guy & Mary
18  3 of Us Blood Pressure 11 am to Noon Hooks & Needles 1pm-2:30 pm BINGO- 6 PM	19 Breakfast 8:30-9:45 am Overcomers Outreach 6:00-7:30 pm Line Dancing 4:00 pm	20  Chillin' Breakfast 8:30-9:45 am Chair Yoga 10 am Membership Meeting 1 pm	21 Breakfast 8:30-9:45 am Card Games 1:00pm	22 Susannah's Supper Methodist Church 6 pm
25  3 of Us Blood Pressure 11 am to Noon Hooks & Needles 1pm-2:30 pm BINGO- 6 PM	26 Breakfast 8:30-9:45 am Overcomers Outreach 6:00-7:30 pm Line Dancing 4:00 pm	27 Breakfast 8:30-9:45 am Chair Yoga 10 am	28  String Thoeree Ukulele Breakfast 8:30-9:45 am Card Games 1:00pm	 Boursaw Bros

Meals Served for June: 1183

Volunteer Hours: 769



**Happy Birthday to our
August Birthday Members**
Birthday Flower: Poppy Birthstone: Peridot
 Birthday is not listed or wrong, please contact the reception desk

8/1	Liz Henderson	8/18	Suzi Farmer
8/3	Katherine (Kay) Smith	8/19	Dan Bernard
8/4	Robert Beaver	8/19	Dave Bernard
8/4	Jane Bernard	8/21	Patricia Valpiani
8/4	George Davidson	8/22	Laureen Lawty
8/10	Renay Bernard	8/25	Donna Janner
8/17	Jan Rich	8/25	Martha Morton
8/18	Hank Anderson	8/29	Keith Ekstrom
		8/29	Judy Ensworth



For August we are honoring

Sharon Jump

We have a Triple Crown Winner! Not to be confused with the 3-year-old thoroughbred horse race, but a thoroughbred just the same!

Along with being a 'crowned' volunteer at Rainier Senior Center for this August, she was also the crowned Princess from Rainier for the My Fair Lady Columbia County Fair this July. Then to top it off, she walked away with the My Fair Lady Queen's crown as well! Sharon volunteers in the dining room, delivers home-delivered meals and fills in at the Center whenever needed.

She brings smiles and a warm-hearted presence to the Senior Center.



**'Breakfast to Go'
Sunday July 13th
proceeds were \$250.**

Delicious breakfasts were enjoyed by those stopping by. Thank You to all for your participation in this event. It doesn't matter if your contribution was time, materials, moral support or even constructive criticism – it is all appreciated.



A very appreciated **THANK YOU** to the **Rainier Eagles for their wonderful \$8293 donation to Rainier Senior Center's meals program.**

This gift ensures the home-bound seniors in our area will continue to receive nutritious meals which otherwise may not be available to them.

AUGUST Events



Ice Cream Social

**ICE CREAM SOCIAL
with Corn Hole
August 13 – 1pm**

Rainier Riverfront Center – Sun Room
Sponsored by Monticello Park

Watch for a new Newspaper! It will be available every Thursday at the front desk. The Wahkiakum County Eagle will be using the Rainier Riverfront Center as one of its distribution points and the Rainier Chamber of Commerce will be working towards securing a page of the publication of news from the Rainier Community. The paper will cost \$1 of which 30 cents will be donated to the Rainier Senior Center. Pick up a copy for future news of Rainier events and interesting community happenings.

SPECIAL NOTICE: August CRMM will be on the 2nd Friday - August 8 'ONLY', due to CRMM staffing constraints.

**CRMM
ANCHORS & INK
History of Maritime Tattoos
August 8, 1 PM**



First Monday Technology Help

Bring your questions.
with **Scott Cooper**

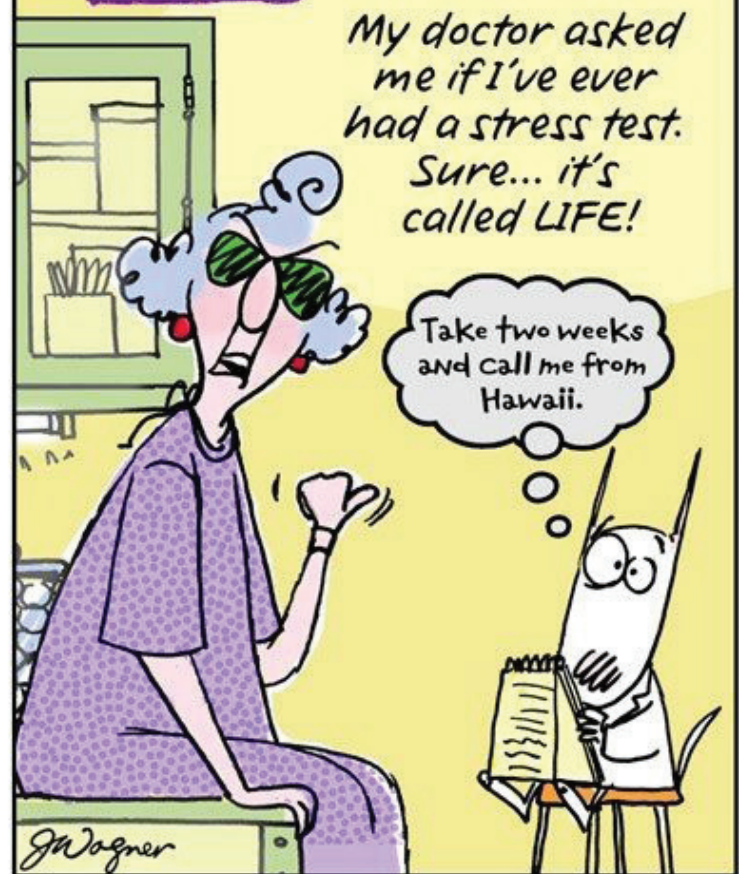
August 4

1 pm

Signing up for
Fred Meyer Rewards

Maxine
Crabby Road

5-4-13



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503-543-3844

LABOR DAY
September 1
CLOSED For the Holiday

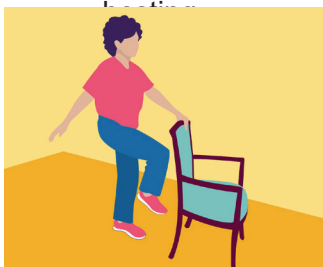


GET IN LINE! Free - Tuesdays

August 5th, 12th

10:30 am in the Sunroom.

Tuesdays, August 19 and 29 through October-
4:00pm. No sessions during November and De-
cember. Will start again January 2026. Sue Gibson



**Yoga will continue as a free session on
Wednesdays at 10am.**



P O Box 216, Clatskanie, OR 97016

503-728-2163

Open Monday through Thursday

7 am-5:30 pm



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beth@understandingmymedicare.com

www.UnderstandingMyMedicare.com



**Become a Member
of the
Rainier Riverfront Center
(Rainier Senior Center)**

Want to get in on the fun? Want to meet
others with like interests?

Join us for the events, activities, breakfast,
or lunch and live music. Shop in our Gift Shoppe.
No age requirement. Sign up today and begin receiv-
ing our monthly newsletter so you can plan to join us.

503-556-3889 for information.

MEMORIALS

The Rainier Senior Center is honored to have re-
ceived a Memorial Remembrance gift for Rosalie
Herstrom and we wish to offer our deepest condo-
lences to her family. This loving remembrance is a
beautiful way to memorialize Rosalie Herstrom's life.



**Help Our
Nutritional Program
by donating
your Oregon
Recyclables
to the Center**

Canterbury Inn
Canterbury Park
City of Rainier
Columbia Bake House
Columbia Food Bank
Cornerstone Cafe Rainier
Country Financial
Deer Island Grange
Delaware Plaza
Deli & Mart
Dog Zone
Eagles
El Tapatio
Elevate Coffee & Decor
Flowers & Fluff
Fred Meyer
Grocery Outlet
Home Town Pizza

InRoads
Samuel L. Johnson Foundation
Kaiser Permanente
Kiss My Glass
Lowe's
Means Nursery
Mee Maw's Attic
Miracle Ear
MZ Collectibles
Nys Tree Farm
Ol' Pastime Tavern
Rainier Liquor Store
Rainier Oregon Historical Museum
Rainier True Value
Rightline Equipment
Safeway
United Way



"A Great Place...For Great People"

Rainier Senior Center
48 West 7th Street
Rainier, OR 97048